

# STIF Sexual Health Advising Competency



## E-learning for Healthcare (e-LfH)

You should already be registered for eHIV-STI if you have already undertaken a STIF course. If not, and providing you have an 'nhs' e-mail address, registering to use the resources within e-HIVSTI (part of the e-Learning for Health online training provided by Health Education England) should be free. For some NHS employers you may find that you have to access this via your local Learning system if you use it at work. It is often easier to bypass this by registering from your personal computer at home; the choice is yours.

If you are not employed by an NHS organisation, access may be restricted. You will need to talk to your employer and Health Education England. BASHH has no influence in this. Please note that eHIV-STI is not administered by BASHH and we cannot assist with registration/access problems - if you still have problems after using the information and resources provided, please email: [support@e-lfh.org.uk](mailto:support@e-lfh.org.uk)

The required e-SRH sessions for STIF SHA Competency are shown below. It is recommended that you revise the eLfH sessions done as part of the STIF pathway (for the STIF Theory Course) if it is some time since you did them. At completion, all sessions should have been completed within the previous 3 years.

| e-learning required from e-HIVSTI |  |
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| <b>1.01</b>                       | <p><b>Sexual Behaviour and Infection Risk</b></p> <p>This session will examine sexual practices and highlight the relative risks of sexually transmitted infection (STI) acquisition and unplanned pregnancy associated with sexual behaviours at a population level.</p>  |
| <b>1.02</b>                       | <p><b>Sexual History</b></p> <p>This session will examine the ways in which a sexual history can be different from a general medical history. It will discuss some of the issues from the patient/client's perspective and highlight some of the barriers to effective communication in this setting. The essential components of a sexual history will be outlined along with the reasons behind why we need to enquire about sexual practices/behaviour. Finally, this session will explore issues of assessing risk, look at terminology and language which may or may not be appropriate and explore documenting a sexual history.</p> |
| <b>1.03</b>                       | <p><b>Confidentiality in Sexual Health</b></p> <p>This session will explain 'The NHS Trusts and Primary Care Trusts (Sexually Transmitted Diseases) Directions 2000' and confidentiality as it applies to the sexual health setting. It will also examine the specific issues which can arise in clinical practice</p>   |
| <b>1.12</b>                       | <p><b>Screening Asymptomatic Patients</b></p> <p>This session will describe a full screen for diagnosis or exclusion of STIs in an asymptomatic woman, an asymptomatic heterosexual man and an asymptomatic man who has sex with men (MSM) and the rationale behind the approach</p>   |
| <b>1.13</b>                       | <p><b>Chlamydia Screening</b></p> <p>This session will cover the core requirements of the English National Chlamydia Screening Programme, including data reporting requirements and quality assurance issues.</p>  |
| <b>1.14</b>                       | <p><b>Partner Notification, When and How?</b></p> <p>This session will explore the principles and practical application of partner notification when dealing with sexually transmitted infections and identifying when partner notification is appropriate</p>   |

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| <b>1.15</b> | <b>Sexual Problems - Part 1</b><br>This session will focus on the presentation and clinical assessment of patients who describe a psychosexual problem within a Genitourinary Medicine setting.   |
| <b>1.16</b> | <b>Sexual Problems - Part 2</b><br>This session will discuss the links between sexually transmitted infections (STIs) and sexual dysfunction problems before focussing on some basic aspects of management of patients with these issues.   |
| <b>1.17</b> | <b>Sexual Problems - Part 3</b><br>This session will provide an introduction to male erectile dysfunction and a consideration of other common male dysfunctions.  |
| <b>1.18</b> | <b>Sexual Problems - Part 4</b><br>This session looks at some definitions of sexual desire and arousal as well as the causes and management of absent or low sexual desire and arousal in women. It covers simple management and arranging onward referral for female patients with these problems. |
| <b>1.19</b> | <b>Chemsex</b><br>This session will cover chemsex related drugs, issues relating to chemsex and the basic approach to be taken with an individual presenting with a chemsex related drugs problem.  |
| <b>1.20</b> | <b>Trans and Non-binary Sexual Health</b><br>This session will provide an introduction to specific issues for Trans and Non-binary clients  |
| <b>4.09</b> | <b>Initial and Recurrent Episode HSV</b><br>This session looks at the management of HSV at all stages of infection and associated complications. It specifically looks at the role and limitations of antiviral therapies   |
| <b>4.06</b> | <b>Genital Herpes: Natural History and Complications</b><br>This session will cover the natural history and complications of genital herpes virus infections  |
| <b>8.01</b> | <b>Consent, Competence and Confidentiality for Under 18s</b><br>This session will cover consent, competence and confidentiality in regard to children and young people. It will cover law, case law and guidance from professional bodies and government.   |
| <b>8.02</b> | <b>Indicators of Child Sexual Abuse and Exploitation</b><br>This session describes the indicators of sexual abuse and exploitation in children and young people, with an emphasis on the adolescent age group.  |
| <b>8.03</b> | <b>Sexual Assault and Exploitation in Adults</b><br>This session introduces the topic of sexual assault and rape of men and women, providing information as to the background, features of assault and the law. It also considers sexual exploitation and issues surrounding vulnerable adults.     |
| <b>8.04</b> | <b>Clinical Management of Sexual Assault in Adults and Young People</b><br>This session covers the management of male and female victims of sexual assault and post pubertal victims of child sexual abuse, excluding forensic sampling.  |
| <b>8.05</b> | <b>Child Sexual Abuse</b><br>This session introduces child sexual abuse (CSA), providing information on the background, features of CSA and the law. It also covers the roles of child protection professionals and the legislative framework in which they work.                                   |
| <b>8.06</b> | <b>Child Protection in Practice</b><br>The session will enable the practitioner to undertake a risk assessment on sexually active young people. It will consider the practical issues of balancing confidentiality with child protection in sexual health services.                                 |
| <b>8.08</b> | <b>STIs as a Marker of CSA and Assault</b><br>This session will cover sexually transmitted infections (STIs) in the context of Child Sexual Abuse (CSA).  |

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| <b>8.10</b>  | <b>Psychological and Social Issues in Sexual Assault and Abuse</b><br>This session covers the acute and long-term psychological sequelae of sexual assault in young people and adults, including associated risk-taking behaviour. Signposting to support services and referral pathways are recommended. |
| <b>8.12</b>  | <b>Sex Workers</b><br>This session provides an overview of sex work focusing on the UK, and gives a practical introduction to the provision of clinical and preventive care for sex workers. The influence of contexts and attitudes in effective delivery of care is discussed                           |
| <b>11.01</b> | <b>HIV Testing</b><br>This session considers how to test for HIV in different clinical settings. Risk factors, how to conduct an in-depth pre-test discussion (PTD), frequency of HIV testing and indications for HIV testing are also covered.   |
| <b>11.02</b> | <b>Antenatal HIV Testing</b><br>This session considers antenatal HIV testing including: rationale for routine screening, risk factors for HIV in pregnant women, pre-test discussion, giving positive HIV results and when to re-test for HIV if the initial test is negative.                            |
| <b>11.03</b> | <b>HIV Disclosure and Partner Notification</b><br>This session covers the ethical and legal considerations regarding disclosure of HIV status to sexual partners, current scientific information informing disclosure decisions and the management of individual cases.                                   |
| <b>11.04</b> | <b>Occupational Exposure to HIV</b><br>This session will cover the rationale and evidence for the use of post exposure prophylaxis (PEP) after occupational exposure. It will describe the assessment of an incident, and the management and follow-up of a healthcare worker.                            |
| <b>11.05</b> | <b>Sexual Exposure to HIV</b><br>This session will cover the risk of acquiring HIV infection from different types of sexual exposure, factors that can affect risk of transmission and methods to prevent HIV transmission.   |
| <b>11.06</b> | <b>PEPSE</b><br>This session will cover the rationale and evidence for the use of post-exposure prophylaxis after sexual exposure (PEPSE). It will describe the assessment, management and follow-up of a patient presenting for PEPSE  |
| <b>11.07</b> | <b>HIV pre-exposure prophylaxis</b><br>This session will provide an understanding around the role and use of pre-exposure prophylaxis (PrEP) for HIV  |