

# STIF *Integrated Competency*



## E-learning for Healthcare (e-LfH)

As you need to have completed STIF *Intermediate* Competency to register for STIF *Integrated* Competency, you should already be registered for eHIV-STI.

**You may need to apply to add e-SRH to your training package.**

**\*\* IMPORTANT \*\***

Please note that eHIV-STI and e-SRH are not administered by BASHH and we cannot assist with registration/access problems - if you still have problems after using the information and resources provided, please email: [support@e-lfh.org.uk](mailto:support@e-lfh.org.uk)

### **What sessions do you need to complete for STIF *Integrated* Competency?**

The required e-SRH sessions for STIF *Integrated* Competency are listed below. It is recommended that you revise the eLfH sessions done as part of the STIF *Intermediate* Competency module if more than 2 years have elapsed since you completed them.

#### **e-SRH 01 Basic Anatomy and Physiology**

01\_01 Basic Anatomy and Physiology

#### **e-SRH 02 Consent and History Taking**

02\_01 Health history and risk assessment

#### **e-SRH 03 Contraceptive Choices**

03\_01 Mechanisms of action, effectiveness and UKMEC  
03\_02 Choosing Contraceptive Methods  
03\_03 Combined Hormonal Contraception (CHC) Methods  
03\_04 Progestogen-only (PO) Methods (Oral and Injectable)  
03\_05 Subdermal Implant (SDI)  
03\_06 Intrauterine Contraception (IUC)  
03\_07 Barrier Contraceptives  
03\_08 Sterilisation  
03\_09 Fertility Awareness Methods and Apps

#### **e-SRH 04 - Emergency Contraception**

04\_01 Emergency Contraception

#### **e-SRH 05 - Contraception: Managing Side-effects and Complications**

05\_01 Managing Bleeding Problems in Women using Contraceptives  
05\_02 Managing Contraceptive Side-effects  
05\_03 Managing Side-effects and Complications of IUD and IUS

#### **e-SRH 06 and 07 Pregnancy**

06\_01 Planning Pregnancy  
07\_01 Unintended Pregnancy and Abortion

#### **e-SRH 10 Needs of specific groups**

10\_01 SRH Needs of Young People  
10\_02 SRH Needs of People Who Identify as LGBTQ or Non-binary  
10\_04 Contraceptive Needs of Women Following Pregnancy  
10\_05 Contraceptive Needs of Women with a Raised BMI  
10\_06 Contraceptive Needs of Women Aged Over 40

#### **e-SRH 11 Adult and Child/Young Person (CYP) Safeguarding/Child Protection**

11\_04\_01 Sexual Assault

#### **e-SRH 12 Psychosexual Medicine**

12\_01 Psychosexual Medicine