# **Aim of the STI Foundation course**

To equip participants with the basic knowledge, skills and attitudes for the diagnosis and management of common sexually transmitted infections (STIs) and to know when and how to refer.

## **Learning outcomes**

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| Knowledge and understanding |
| When you complete your studies for this course, you will have knowledge and understanding of: |
| KU1 | the principles of service provision for Sexually Transmitted Infections (STIs) and related conditions |
| KU2 | the issues relating to confidentiality and partner notification  |
| KU3 | the epidemiology and the factors involved in the transmission of STIs |
| KU4 | how to prevent transmission of STIs |
| KU5 | common STIs and related conditions, their presentation, diagnosis and management |
| KU6 | when to refer patients to specialist services |
| Cognitive skills  |
| On completion of this course you will have developed the following cognitive skills: |
| CS7 | able to evaluate the ways in which the lifestyle and circumstances of patients/clients may reflect in their presentation and impact on their management |
| CS8 | able to analyse how the range of human sexuality, lifestyles and culture impacts on transmission and approaches to prevention and risk reduction |
| CS9 | able to critically evaluate how personal beliefs and values of the clinician could affect the consultation |
| Key skills |
| When you complete this course, you will be able to: |
| KS10 | draw on a range of resources to provide evidence-based management to people presenting to your service with sexual and reproductive health needs  |
| KS11 | articulate your contribution to risk reduction and STI prevention in your own service |
| KS12 | reflect on the essential role of effective partner notification when dealing with an infectious disease |
| KS13 | demonstrate the importance of confidentiality in consultations involving sexual health  |

# **2021 Standard programme for 3-part ‘Foundation’**

**Timings are indicative and can be altered if local priorities deem this necessary. The programme can be tailored to suit Online delivery, but the sessions have to remain within the three levels as below unless you know that all delegates are attending all sessions**

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|  | **‘FOUNDATION 1’** |  |  |
|  | Introduction to the course |  | 10 minutes |
| 1.1 | Basics of sexual health: What do we do and why are we here? |  | 40 minutes |
| 1.2 | Sexual History, Recognition of Symptoms & Risk Assessment |  | 60 minutes |
| 1.3 | Telemedicine in Sexual Health ***NEW*** | Small group workshop | 30 minutes |
| 1.4 | Routine diagnostic tests and physical examination |  | 30 minutes |
| 1.5 | Partner Notification: why it matters and how to signpost | Small group workshop | 45 minutes |
| 1.6 | HIV – risk assessment, window periods, ways to test | Small group workshop | 45 minutes |
| 1.7 | Sexual Health Promotion, Risk Reduction & Prevention | Small group workshop | 45 minutes |

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|  | ‘**FOUNDATION 2’** |  |  |
| 2.1 | Genital sores | Small group workshop | 45 minutes |
| 2.2 | Vaginal discharge | Small group workshop | 45 minutes |
| 2.3 | Young people and sexual health | Small group workshop | 45 minutes |
| 2.4 | Male Dysuria | Small group workshop | 45 minutes |
| 2.5 | Domestic Abuse, Sexual Assault and Modern Slavery |  | 45 minutes |
| 2.6 | Gay, bisexual, transgender and other MSM | Small group workshop | 45 minutes |

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|  | **‘FOUNDATION 3’** |  |  |
| 3.1 | Clinical HIV |  | 60 minutes |
| 3.2 | Viral Hepatitis – an overview |  | 40 minutes |
| 3.3 | STIs in Pregnancy |  | 40 minutes |
| 3.4 | Syphilis |  | 40 minutes |
| 3.5 | Conditions affecting the Genital Skin |  | 45 minutes |
| 3.6 | Female Genital Mutilation |  | 45 minutes |
| 3.7 | Testicular Pain and Testicular Lumps | Small group workshop | 45 minutes |
| 3.8 | Pelvic Pain | Small group workshop | 45 minutes |