

Aim of the STI Foundation course

To equip participants with the basic knowledge, skills and attitudes for the diagnosis and management of common sexually transmitted infections (STIs) and to know when and how to refer.

Learning outcomes

Knowledge and Understanding

When you complete your studies for this course, you will have knowledge and understanding of:

- KU1 the principles of service provision for Sexually Transmitted Infections (STIs) and related conditions
- KU2 the issues relating to confidentiality and partner notification
- KU3 the epidemiology and the factors involved in the transmission of STIs
- KU4 how to prevent transmission of STIs
- KU5 common STIs and related conditions, their presentation, diagnosis and management
- KU6 when to refer patients to specialist services

Cognitive Skills

On completion of this course you will have developed the following cognitive skills:

- CS7 able to evaluate the ways in which the lifestyle and circumstances of patients/clients may reflect in their presentation and impact on their management
- CS8 able to analyse how the range of human sexuality, lifestyles and culture impacts on transmission and approaches to prevention and risk reduction
- CS9 able to critically evaluate how personal beliefs and values of the clinician could affect the consultation

Key Skills

When you complete this course, you will be able to:

- KS10 draw on a range of resources to provide evidence-based management to people presenting to your service with sexual and reproductive health needs
- KS11 articulate your contribution to risk reduction and STI prevention in your own service
- KS12 reflect on the essential role of effective partner notification when dealing with an infectious disease
- KS13 demonstrate the importance of confidentiality in consultations involving sexual health

Standard programme for 3-part 'Foundation'

Timings are indicative and can be altered if local priorities deem this necessary. The programme can be tailored to suit Online delivery, but the sessions have to remain within the three levels as below unless you know that all delegates are attending all sessions

'FOUNDATION ONE'			
	Introduction to the course	10 minutes	
1.1	Basics of sexual health: What do we do and why are we here?	40 minutes	
1.2	Sexual History, Recognition of Symptoms & Risk Assessment	60 minutes	
1.3	Routine diagnostic tests and physical examination	30 minutes	
1.4	Partner Notification: why it matters and how to signpost	Small group workshop [A] Ω	45 minutes
1.5	HIV – risk assessment, window periods, ways to test	Small group workshop [A] Ω	45 minutes
1.6	Sexual Health Promotion, Risk Reduction & Prevention	Small group workshop [A] Ω	45 minutes

'FOUNDATION TWO'			
2.1	Genital sores	Small group workshop [B] Ω	45 minutes
2.2	Vaginal discharge	Small group workshop [B] Ω	45 minutes
2.3	Young people and sexual health	Small group workshop [B] Ω	45 minutes
2.4	Urethral discharge and dysuria	Small group workshop [C] Φ	45 minutes
2.5	Working with GBMSM	Small group workshop [C] Φ	45 minutes
2.6	Sexual healthcare for Trans and Non-binary people		20 minutes
2.7	Domestic Abuse, Sexual Assault and Modern Slavery		45 minutes

'FOUNDATION THREE'			
3.1	Clinical HIV		60 minutes
3.2	Viral Hepatitis – an overview		40 minutes
3.3	Genital Infections in Pregnancy		40 minutes
3.4	Syphilis		40 minutes
3.5	Conditions affecting the Genital Skin		45 minutes
3.6	Female Genital Mutilation		45 minutes
3.7	Testicular Pain and Testicular Lumps	Small group workshop [D] Φ	45 minutes
3.8	Pelvic Pain	Small group workshop [D] Φ	45 minutes