

e-Learning for Healthcare (e-LfH) for STIF Competency Pathways



e-Learning for Healthcare (e-LfH) for STIF Competency Pathways

You will be asked to provide proof of completion of the e-learning sessions and linking them directly to your e-portfolio from eLfH is designed to make this easy.

<https://www.youtube.com/watch?v=j5cCHLDCXj4> is available to help you do this.

NHS staff

If you are employed by the NHS in the UK and have an NHS email address you can register for free access to eHIV-STI via the e-LfH Hub by completing the registration form on the e-LfH website:

<http://portal.e-lfh.org.uk/Register> Please note that NHS email addresses include @nhs.net, @trustname.nhs.uk and the equivalent in Scotland, N Ireland and Wales. Once NHS users have registered for e-learning, there is no expiry time on the account.

Any e-learning which is not hosted on HEE eLfH needs to be documented and verified. Please ensure that you print a suitable certificate of proof of having undertaken the e-learning and upload this to your 'personal library'

Non-NHS staff (including those working outside the UK)

This group of users will need to pay for access to eHIV-STI.

Go to <https://www.eintegrity.org/> for more information

Please note that eHIV-STI is not administered by BASHH and we cannot assist with registration/access problems - if you still have problems after using the above information and resources please contact e-LfH via their Support Form: <http://portal.e-lfh.org.uk/support/>

It is required that you revise the eLfH sessions done as part of the STIF Competency training if more than 3 years have elapsed since you completed them. E-learning sessions dated more than 3 years before your registration will not be counted as complete

1. Register for Sexual Health and HIV

My elearning



Sexual Health &
HIV (HIV-STI)





































2. Choose HIV-STI: STIF Pathways

Panel view My elearning | Full catalogue

My elearning > Sexual Health & HIV (HIV-STI)

My elearning	HIV-STI Genitourinary Medicine Undergraduate Curriculum 2022 Pathway	★ ⓘ
Acute Medicine (ACUMEN)	HIV-STI: STIF Pathways Last accessed: 25 Jun 2021	★
Advanced Therapy Medicinal Products (ATMP)	HIV-STI 01 - Approach to Patient Last accessed: 15 Mar 2023	★ ⓘ
Coronavirus (COVID-19)	HIV-STI 02 - Pathology Last accessed: 17 Jan 2022	★ ⓘ
COVID-19 Vaccination	HIV-STI 03 - Bacterial STIs and Related Conditions Last accessed: 11 Dec 2014	★ ⓘ
Dermatology (e-Derm)	HIV-STI 04 - Genital Ulcer Disease Last accessed: 29 Jul 2014	★ ⓘ
Domestic Violence and Abuse (DVA)	HIV-STI 05 - HPV Infection, including HPV Related Neoplasia	★ ⓘ
Immunisation (IMM)		
Management and Leadership Skills (MLS)		
NHS at home		
Safeguarding Children and Young People (SGC)		
Sexual and Reproductive Health (e-SRH)		
Sexual Health & HIV (HIV-STI)		

3. Choose the pathway you are following:

 STIF Course	  
 STIF Fundamental	  
 STIF Gateway	  
 STIF Intermediate	  
 STIF Integrated	  
 STIF Advanced	  
 STIF SHA	  
 STIF NHIVNA Intermediate	  
 STIF NHIVNA ADVANCED	  

The e-learning sessions required for each pathway are listed below.

REMEMBER: You must link your e-portfolio to your online learning on the eLfH (NHS England e-learning for health). See this video for help:

<https://www.youtube.com/watch?v=j5cCHLDCXj4>

E-learning sessions on eLfH which have been done previously will automatically be brought into your e-portfolio record.

e-learning which has been completed more than 3 years before you start your training may now be out of date; we strongly recommend that you revisit these sessions

STIF Fundamental Competency

Sexual Health & HIV (HIV-STI)	
00_01	Fundamentals of Sexual History
01_01	Sexual Behaviour and Infection Risk
01_03	Confidentiality in Sexual Health
01_07	Chaperones and Consent
01_12	Screening Asymptomatic Patients
01_14	Partner Notification When and How
03_05	Chlamydia Trachomatis: Natural History and Management
11_01	HIV Testing

STIF Gateway Competency

Sexual Health & HIV (HIV-STI)	
00_01	Fundamentals of Sexual History
01_01	Sexual Behaviour and Infection Risk
01_03	Confidentiality in Sexual Health
01_07	Chaperones and Consent
01_12	Screening Asymptomatic Patients
01_14	Partner Notification When and How
03_05	Chlamydia Trachomatis: Natural History and Management
05_03	Anogenital Warts
08_06	Safeguarding in Practice
11_01	HIV Testing
Immunisation (IMM)	
01_007	Vaccine Administration https://portal.e-lfh.org.uk/LearningContent/Launch/513914
02_007	Vaccine Administration Assessment https://portal.e-lfh.org.uk/LearningContent/Launch/513917
03_003	Vaccine Preventable Diseases - Hepatitis B https://portal.e-lfh.org.uk/LearningContent/Launch/482659
03_004	Vaccine Preventable Diseases - Human Papillomavirus (HPV) https://portal.e-lfh.org.uk/LearningContent/Launch/513851
Female Genital Mutilation (FGM) https://portal.e-lfh.org.uk/Component/Details/390922	
01_01	Introduction to Female Genital Mutilation (FGM)
01_02	Communication Skills for FGM Consultations
We also recommend this video on YouTube: Female Genital Mutilation (FGM): a change has begun https://www.youtube.com/watch?v=jBRRS6y2-68	
Advanced Therapy Medicinal Products (ATMP)	
Safe use of low temperature transport vessels e-learning https://portal.e-lfh.org.uk/LearningContent/Launch/648705	

STIF Gateway-Plus Competency

Sexual Health & HIV (HIV-STI)	
00_01	Fundamentals of Sexual History
01_01	Sexual Behaviour and Infection Risk
01_03	Confidentiality in Sexual Health
01_07	Chaperones and Consent
01_12	Screening Asymptomatic Patients
01_14	Partner Notification When and How
03_05	Chlamydia Trachomatis: Natural History and Management
05_03	Anogenital Warts
08_06	Safeguarding in Practice
11_01	HIV Testing
11_07	HIV pre-exposure prophylaxis
Immunisation (IMM)	
01_007	Vaccine Administration https://portal.e-lfh.org.uk/LearningContent/Launch/513914
02_007	Vaccine Administration Assessment https://portal.e-lfh.org.uk/LearningContent/Launch/513917
03_003	Vaccine Preventable Diseases - Hepatitis B https://portal.e-lfh.org.uk/LearningContent/Launch/482659
03_004	Vaccine Preventable Diseases - Human Papillomavirus (HPV) https://portal.e-lfh.org.uk/LearningContent/Launch/513851
Female Genital Mutilation (FGM) https://portal.e-lfh.org.uk/Component/Details/390922	
01_01	Introduction to Female Genital Mutilation (FGM)
01_02	Communication Skills for FGM Consultations
	We also recommend this video on YouTube: Female Genital Mutilation (FGM): a change has begun https://www.youtube.com/watch?v=jBRRS6y2-68
Advanced Therapy Medicinal Products (ATMP)	
	Safe use of low temperature transport vessels e-learning https://portal.e-lfh.org.uk/LearningContent/Launch/648705

STIF Intermediate Competency

eLH sessions	
Sexual Health & HIV (HIV-STI)	
1.01	Sexual Behaviour and Infection Risk
1.02	Sexual History
1.03	Confidentiality in Sexual Health
1.04	Male Anatomy and Physiology
1.05	Female Anatomy and Physiology
1.07	Chaperones and Consent
1.08	Male Genital Examination
1.09	Female Genital Examination
1.10	Examination of Extra-genital Sites
1.11	Clinical Signs in Genitourinary Medicine
1.12	Screening Asymptomatic Patients
1.13	Chlamydia Screening
1.14	Partner Notification, When and How?
1.19	Chemsex
1.20	Sexual / Reproductive Healthcare for Trans, Non-binary and Intersex People
2.01	Interpreting Laboratory Tests
2.02	Antigen and Antibody Tests
2.03	Nucleic Acid Amplification Tests
2.04	Diagnosing Gonorrhoea
2.05	Diagnosing Chlamydia
2.06	Diagnosing Syphilis *NEW for 2024*
2.07	Diagnosing Trichomoniasis
2.10	Diagnosing Candidiasis
2.11	Diagnosing Bacterial Vaginosis
2.12	Diagnosing Genital Herpes
2.14	Diagnosing Mycoplasma Genitalium *NEW for 2024*
2.15	Diagnosing HIV
3.01	Male urethritis: diagnosis and management
3.03	Gonorrhoea: natural history and management
3.05	Chlamydia trachomatis: natural history and management
3.17	Urinary Tract Infections
4.01	Genital Ulceration - Causes and Investigation
4.06	Genital Herpes Infections, Natural History and Complications
4.07	Genital Herpes, Virology and Pathogenesis
4.09	Initial and Recurrent Episode HSV
5.01	Genital Lumps
5.02	Differential Diagnosis of Ano-Genital warts
5.03	Ano-Genital Warts
6.01	Scabies and Pediculosis pubis (pubic lice)
7.02	Hepatitis A: Natural history and management
7.03	Hepatitis B: Natural history, presentation and investigation
7.04	Hepatitis C: Natural history, presentation and investigation
8.01	Consent, Competence & confidentiality for under18s
8.02	Indicators of child sexual abuse and exploitation

8.03	Sexual assault and exploitation in adults
8.05	Child sexual abuse (CSA)
10.01	Vaginal discharge
10.02	Trichomonas Vaginalis
10.03	Candida and yeast infections
10.04	Bacterial vaginosis
11.01	HIV Testing
11.03	HIV Disclosure and Partner Notification
11.05	Sexual Exposure to HIV
11.06	Post Exposure Prophylaxis after sexual exposure (PEPSE)
11.07	HIV pre-exposure prophylaxis
e-SRH	http://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/
10_01	SRH needs of Young People
Safeguarding Children & Young People (SGC)	http://www.e-lfh.org.uk/programmes/safeguarding-children
	Safeguarding Children - Level 1
	Safeguarding Children - Level 2
	Level 3 - Introduction: Attaining and Maintaining Safeguarding Competences
Female Genital Mutilation (FGM)	https://portal.e-lfh.org.uk/Component/Details/390922
01_02	Communication skills for FGM Consultations
Child Sexual Exploitation (CSE)	https://www.e-lfh.org.uk/programmes/child-sexual-exploitation/
	Combatting CSE https://www.brook.org.uk/product/child-sexual-exploitation/
Domestic Violence and Abuse (DVA)	https://portal.e-lfh.org.uk/Component/Details/391662
Mod 1	Understanding domestic violence and abuse
Mod 2	Identification of domestic violence and abuse
Mod 3	Risk assessment for victims of domestic violence and abuse

STIF Integrated Competency

e-SRH 01 Basic Anatomy and Physiology	
01_01	Basic Anatomy and Physiology
e-SRH 02 Consent and History Taking	
02_01	Health history and risk assessment
e-SRH 03 Contraceptive Choices	
03_01	Mechanisms of action, effectiveness and UKMEC
03_02	Choosing Contraceptive Methods
03_03	Combined Hormonal Contraception (CHC) Methods
03_04	Progestogen-only (PO) Methods (Oral and Injectable)
03_05	Subdermal Implant (SDI)
03_06	Intrauterine Contraception (IUC)
03_07	Barrier Contraceptives
03_08	Sterilisation
03_09	Fertility Awareness Methods and Apps
e-SRH 04 - Emergency Contraception	
04_01	Emergency Contraception
e-SRH 05 - Contraception: Managing Side-effects and Complications	
05_01	Managing Bleeding Problems in Women using Contraceptives
05_02	Managing Contraceptive Side-effects
05_03	Managing Side-effects and Complications of IUD and IUS
e-SRH 06 and 07 Pregnancy	
06_01	Planning Pregnancy
07_01	Unintended Pregnancy and Abortion
e-SRH 10 Needs of specific groups	
10_01	SRH Needs of Young People
10_02	SRH Needs of People Who Identify as LGBTQ or Non-binary
10_04	Contraceptive Needs of Women Following Pregnancy
10_05	Contraceptive Needs of Women with a Raised BMI
10_06	Contraceptive Needs of Women Aged Over 40
e-SRH 11 Adult and Child/Young Person (CYP) Safeguarding/Child Protection	
11_04_01	Sexual Assault
e-SRH 12 Psychosexual Medicine	
12_01	Psychosexual Medicine

STIF Competency (Sexual Health Adviser)

Sexual Health & HIV (HIV-STI)	
1.01	Sexual Behaviour and Infection Risk
1.02	Sexual History
1.03	Confidentiality in Sexual Health
1.12	Screening Asymptomatic Patients (may be numbered 11.xx)
1.13	Chlamydia Screening
1.14	Partner Notification, When and How?
1.15	Sexual Problems - Part 1
1.16	Sexual Problems - Part 2
1.17	Sexual Problems - Part 3
1.18	Sexual Problems - Part 4
1.19	Chemsex
1.20	Trans and Non-binary Sexual Health
4.09	Initial and Recurrent Episode HSV
4.06	Genital Herpes: Natural History and Complications
8.01	Consent, Competence and Confidentiality for Under 18s
8.02	Indicators of Child Sexual Abuse and Exploitation
8.03	Sexual Assault and Exploitation in Adults
8.04	Clinical Management of Sexual Assault in Adults and Young People
8.05	Child Sexual Abuse
8.06	Safeguarding in Practice
8.08	STIs as a Marker of CSA and Assault
8.10	Psychological and Social Issues in Sexual Assault and Abuse
8.12	Sex Workers
11.01	HIV Testing
11.02	Antenatal HIV Testing
11.03	HIV Disclosure and Partner Notification
11.05	Sexual Exposure to HIV
11.06	Post Exposure Prophylaxis after sexual exposure (PEPSE)
11.07	HIV pre-exposure prophylaxis
e-SRH	http://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/
10_01	SRH Needs of Young People
Safeguarding Children (SGC)	http://www.e-lfh.org.uk/programmes/safeguarding-children
	Safeguarding Children - Level 1
	Safeguarding Children - Level 2
	Level 3 - Introduction: Attaining and Maintaining Safeguarding Competences
Female Genital Mutilation (FGM)	https://portal.e-lfh.org.uk/Component/Details/390922
01_02	Communication skills for FGM Consultations
Child Sexual Exploitation (CSE)	https://www.e-lfh.org.uk/programmes/child-sexual-exploitation/
	Combatting CSE https://www.brook.org.uk/product/child-sexual-exploitation/
Domestic Violence and Abuse (DVA)	https://portal.e-lfh.org.uk/Component/Details/391662
Mod 1	Understanding domestic violence and abuse
Mod 2	Identification of domestic violence and abuse
Mod 3	Risk assessment for victims of domestic violence and abuse

STIF Advanced Competency

You should already have done some/most of the sessions above for STIF *Intermediate* Competency. We recommend that you revise the eLfH sessions done as part of the STIF *Intermediate* Competency module if more than 2 years have elapsed since you did them. If there are any in the list above which were not part of your original e-learning when you completed *Intermediate* Competency, you must complete them before starting your clinical topic-based assessments for the *Advanced* Competency pathway.

HIV-STI 01 - Approach to Patient	
1.15	Sexual problems - Part 1
1.16	Sexual problems - Part 2
1.17	Sexual problems - Part 3
1.18	Sexual problems - Part 4
1.19	Chemsex
HIV-STI 02 - Pathology	
2.06	Diagnosing Syphilis
2.13	Diagnosing viral Hepatitis
HIV-STI 03 - Bacterial STIs and related conditions	
3.07	Epididymitis
3.08	Scrotal masses
3.10	Pelvic Inflammatory Disease: Overview
3.11	Acute pelvic pain and sepsis
3.15	Sexually acquired reactive arthritis
3.17	Urinary Tract Infections
3.18	Sexually transmitted enteric infections
HIV-STI 04 - Genital Ulcer Disease	
4.02	Early Infectious Syphilis
4.03	Positive Treponemal serology in an asymptomatic patient
4.04	Diagnosis and management of late Syphilis
4.10	Herpes in Pregnancy
HIV-STI 05 - HPV infection, including HPV related neoplasia	
5.04	Cervical Intraepithelial Neoplasia (CIN)
HIV-STI 07 Viral Hepatitis	
7.01	The Presentation of Infectious Hepatitis
HIV-STI 08 - Sexual Assault / Abuse and Medicolegal issues	
8.06	Safeguarding in Practice
8.10	Psychological and social issues in relation to sexual assault and abuse
HIV-STI 9a - Pregnancy and Children	
9a.01	STIs in pregnancy
9a.02	Antenatal screening for Syphilis

HIV-STI 10 - Vaginal Discharge, vulvitis and balanitis	
10.05	Recurrent BV, Candida and TV
10.06	Infective causes of balanitis
10.07	Infective causes of vulvitis
10.08	Genital dermatoses
HIV-STI 11 - HIV testing and prevention	
11.02	Antenatal HIV Testing
11.07	Pre Exposure Prophylaxis (PrEP) - <i>NEW – access expected October 2020.</i>
HIV-STI 12 - Specific Assessment and Management of HIV	
12.01	Natural history of HIV infection
HIV-STI 17 – Gynaecology for GUM	
17.01	Normal and Abnormal Menstruation
17.02	Infertility
17.03	Bleeding Problems in Early Pregnancy
17.05	Benign and Malignant Tumours of the Ovary
17.06	Termination of Pregnancy (Therapeutic Abortion)
17.07	Endometrial Neoplasia
E-Derm	
12.01	Anatomy of the Mouth and Examination Technique
12.19	Recurrent Oral Ulceration
12.20	Oral Lichen Planus
02.05	Regional Variations of Psoriasis
02.10	Biological Drugs in Psoriasis
03.03	Exacerbating Factors in Atopic Eczema
03.05	Emollient Therapy in AD
03.06	Topical Steroids and Calcineurin Inhibitors
04.01	Seborrheic Dermatitis
04.07	Lichen Simplex
04.11	Lichen Planus
06.03	Systemic Lupus Erythematosus
07.02	Treatment of Vitiligo
08.01	Pemphigus
11.09	Severe Drug Eruptions
20.08	Lichen Planus – Female
20.10	Lichen Sclerosus – Female
20.13	VIN, PIN and VAIN
20.20	Non STI – Male
20.21	Non STI – Female
20.23	Bullous Disorders of the Genitalia
20.45	LGV, Chancroid and Donovanosis
20.39	Infective Causes of Balanitis
20.40	Infective Causes of Vulvitis
20.24	Non-infective Genital Ulceration
20.28	Genital Oedema
20.33	Localised Vulval Pain
21.02	Staphylococcal Related Skin Disorders
22.03	Diffuse Pigmented Naevi
22.07	Actinic Keratosis and Bowen's Disease

22.13	Cysts
26.03	Introduction to Psychosocial Management in Dermatology
28.02	Topical Corticosteroids and Appropriate Use in Dermatology I
28.03	Topical Corticosteroids and Appropriate Use in Dermatology II
28.08	Topical Antifungal Agents

Domestic Violence and Abuse (DVA)

<https://portal.e-lfh.org.uk/Component/Details/391662>

Module 1	Understanding domestic violence and abuse
Module 2	Identification of domestic violence and abuse
Module 3	Risk assessment for victims of domestic violence and abuse

Three free e-learning resources from the Royal College of General Practitioners

RCGP 1	Endometriosis https://elearning.rcgp.org.uk/course/info.php?id=307
RCGP 2	Heavy Menstrual Bleeding https://elearning.rcgp.org.uk/course/info.php?id=351
RCGP 3	Bloating and other Abdominal Symptoms: Could it be Ovarian Cancer? https://elearning.rcgp.org.uk/course/info.php?id=121

NHIVNA-STIF Intermediate Competency

There are two sets of e-learning to be completed as part of the STIF *NHIVNA Intermediate* Competency training and assessment programme, **NHIVNA HIV E-Learning and e-learning for healthcare (eHIV-STI)**

1. NHIVNA HIV E-Learning

<http://www.nhivna.org/NHIVNA-HIV-nursing-modules.aspx>

The NHIVNA HIV Nursing Modules aim to support nurses who are working toward Levels 2 and 3 of the National HIV Nursing Competencies. Participation in the NHIVNA HIV Nursing Modules is free of charge and access is open to all. If you do not already have a NHIVNA website account, please register

<https://www.nhivna.org/NewRegistration>

There is a time limit of 1 hour to work through each tutorial. To show learning and enhance your portfolio, please choose one of the Case Studies at the end of each tutorial. There is also a form for you to provide feedback at the end, which must be completed within this time. Once you have completed the feedback form, you will be issued with a certificate of participation. Please keep an electronic copy of this and upload all of these (ideally as a single merged document) to your ‘personal library’ in the e-portfolio

Module 1 – Understanding HIV	
1A What is HIV?	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Demonstrate an understanding of different routes of transmission of HIV • Demonstrate knowledge of the virus and its mechanism of action • Describe how the virus establishes itself within the body • Explain the effects of the virus on the immune system and its repercussions • Explain the value of measuring CD4 and viral load levels • Describe the course of HIV infection and stages of disease
1B Opportunistic Infections	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Identify common opportunistic infections and their active/prophylactic management • Understand the impact of immunosuppression on developing cancers and the types of cancer that are most common amongst people living with HIV
1C HIV testing and diagnosis	<p>When you have completed this tutorial, you will be able to:</p> <p>Explain how HIV policy has shifted to focus on early detection and effective management of HIV as a chronic condition</p> <p>Demonstrate knowledge of commonly used diagnostic tests and the rationale behind them</p> <p>Describe the transmission dynamics of HIV and identify the resources available to reduce transmissible risk</p> <p>Develop an insight into the emotional needs of the patient at challenging times like receiving a positive diagnosis</p> <p>Demonstrate an awareness of issues around the disclosure of HIV status including emergency prophylactic treatment for those that discover a sexual and/or needle sharing partner has HIV and the legal implications of non-disclosure</p>

Module 2 - Caring for people with HIV

2A. Assessing health and well-being

When you have completed this tutorial, you will be able to:

- Demonstrate an understanding of the assessment needs of patients, from both a physical and psychosocial perspective
- Understand the role of the nurse in the assessment of physical wellbeing and social care needs, including the accurate recording of information and the communication of findings in a timely way to relevant Health Care Professionals
- Identify the different information needs of individuals
- Discuss and explain treatment options relevant to the patient's level of understanding
- Develop an insight into the possible psychological, emotional and spiritual needs of patients depending on the stage of disease development and their socio-economic and socio-cultural backgrounds
- Help people living with HIV identify the support they need through positive nurse-patient interaction

2B. Supporting psychological and social care needs

When you have completed this tutorial, you will be able to:

- Understand the factors that can affect living positively with HIV
- Identify key nursing interventions that can support and encourage positive living
- Help to facilitate skills development that can enable people to manage their condition effectively
- Encourage people to develop strategies that can help them to cope with their condition long-term
- Find out about local services and social care agencies that may help people to develop themselves personally
- Understand the importance of the support available within your multi-disciplinary team and know how, and to whom, people in your care should be referred to

Module 3 - Antiretroviral therapy

3A. ART

When you have completed this tutorial, you will be able to:

- Explain the role of antiretroviral therapy and the rationale for when ART should be initiated
- Describe the principles of combination therapy - its goals, commonly used combinations and relevant policies and protocols
- Demonstrate an understanding of the different classes of ART drugs - their mode of action, administration and main side effects
- Explain the impact of resistance, reduced adherence and drug-drug interactions on therapy and changing treatment
- Describe how ongoing drug development has the potential to improve future ART, and understand the rationale for keeping up to date with related pharmacological developments and relevant research findings

3B ART and patient wellbeing

When you have completed this tutorial, you will be able to:

- Identify actual or potential problems with therapy and adherence
- Signpost patients experiencing problems with therapy to the right person
- Support patients in coping with short and long-term side effects of treatment
- Recognise the potential psychological impact of side effects
- Develop an insight into the emotional needs of the patient during challenging times such as starting or switching therapy

Module 4 - Health promotion	
4A. Importance of a healthy lifestyle	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Describe the importance of promoting a healthy lifestyle to those in your care • Access local and national sources of support for your patients, relating to Exercise, Smoking, Alcohol and Recreational drugs • Understand your local referral process for cardiovascular and metabolic diseases • Be aware of guidelines for immunisation in HIV • Explain the considerations around travelling with HIV and the implications for maintaining treatment whilst away from home
Module 4 - Health promotion 4B. Supporting sexual and reproductive health	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Develop an insight into the sexual health needs of people living with HIV and how best to support them • Access guidelines for the management of HIV in relation to the sexual health needs of people living with HIV and understand their right to sexual fulfilment • Develop an understanding about managing STIs in people living with HIV and access guidelines for the same • Understand the reproductive needs of people living with HIV and their right to reproductive fulfilment • Describe strategies to prevent the transmission risk presented from conception right through to after delivery
Module 5 - HIV testing	
5A. HIV testing: background and key principles	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Understand the importance of HIV testing • Know to whom (and when) an HIV test should be offered • Recognise the different types of HIV tests and when to use them • Understand how to interpret test results
5B. Risk assessment, pre and post-test discussion	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Understand the risks involved for each route of transmission • Understand the key elements of pre-test discussion, particularly the need to gain informed consent • Understand the key elements of post-test discussion, depending on the result • Demonstrate an awareness of HIV-testing issues that may be relevant to different population groups
Module 5 - HIV testing 5C. Fundamentals of Point of Care Testing (POCT)	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Understand the rationale for point of care testing • Be aware of the different types of home tests available • Appreciate the key clinical and information governance systems required when establishing an HIV testing service

Module 9 – PrEP

9A Pre-exposure Prophylaxis

This module covers:

- What PrEP is and who it is for
- The evidence base for PrEP including adherence, starting stopping and re starting PrEP and the indication for PEP
- The HIV Virus (lifecycle)
- PREP Dosing
- The Consultation
Side effects & management
Missed PILLS
- the major points, investigations, considerations which should be actioned before PREP should be started
PrEP & other HIV prevention strategies
- PrEP & partners
- Pros & Cons of using PrEP
- Additional Health screening & Prevention when using PREP

2. E-learning for Healthcare (e-LfH) for STIF-NHIVNA *Intermediate*

Sexual Health & HIV (HIV-STI)	
Approach to Patient	
01_01	Sexual Behaviour and Infection Risk
01_02	Sexual History
01_03	Confidentiality in Sexual Health
01_12	Screening Asymptomatic Patients
01_14	Partner Notification When and How
01_19	Chemsex
01_20	Sexual / Reproductive Healthcare for Trans, Non-binary and Intersex People
Sexual Assault/Abuse and Medicolegal issues	
08_03	Sexual assault and exploitation in adults
HIV (Special Circumstances)	
09b_15	HIV in MSM
HIV Testing and Prophylaxis	
11_03	HIV disclosure and Partner Notification
11_05	Sexual exposure to HIV
System-specific HIV associated conditions	
14_10	Nutrition in HIV care (incl. HIV wasting syndrome)
Domestic Violence and Abuse (DVA)	
	https://portal.e-lfh.org.uk/Component/Details/391662
	Understanding domestic violence and abuse
	Identification of domestic violence and abuse
	Risk assessment for victims of domestic violence and abuse
IAPT Long-term Conditions https://portal.e-lfh.org.uk/myElearning/Index?HierarchyId=0_54306_60736&programmeld=54306	
Breaking Barriers in HIV Care: <i>this session will explore the psychological impact of living with HIV, including the impact of HIV-related stigma</i>	

NHIVNA-STIF Advanced Competency

There are two sets of e-learning to be completed as part of the STIF *NHIVNA Advanced Competency* training and assessment programme.

- **NHIVNA HIV E-Learning**
- **E-learning for Healthcare (NHS England)**

It is recommended that you complete at least 50% of the e-learning before undertaking the clinical assessments. You should ask for some protected time to undertake this e-learning if you are to get the most benefit.

We do acknowledge that the eLfH modules were designed for use in the training of doctors but we still feel that they are relevant and useful for nurse training as well.

1. NHIVNA HIV E-Learning

<http://www.nhivna.org/NHIVNA-HIV-nursing-modules.aspx>

The NHIVNA HIV Nursing Modules aim to support nurses who are working toward Levels 2 and 3 of the National HIV Nursing Competencies. Participation in the NHIVNA HIV Nursing Modules is free of charge and access is open to all. If you do not already have a NHIVNA website account, please register

<https://www.nhivna.org/NewRegistration>

There is a time limit of 1 hour to work through each tutorial. To show learning and enhance your portfolio, please choose one of the Case Studies at the end of each tutorial. There is also a form for you to provide feedback at the end, which must be completed within this time. Once you have completed the feedback form, you will be issued with a certificate of participation. Please keep an electronic copy of this and upload all of these (ideally as a single merged document) to your 'personal library' in the e-portfolio

Module 6 - Managing complexity in Antiretroviral Therapy management

<i>6A - Drug resistance</i>	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none">• Understand what drug resistance is and how it develops in HIV• Describe the different types of drug resistance in terms of development, prevalence and how they differ from one another• Understand the consequences of drug resistance and how it impacts the treatment of HIV• Understand the mechanisms behind the development of drug resistance in respect to different classes of drugs• Explain drug resistance to your patients in a simple, informative way
<i>6B - The genetics behind HIV and clinical investigations</i>	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none">• Describe how polymorphisms and mutations occur, and how they related to resistance of HIV• Describe the different techniques of drug resistance testing and how they can help tailor drug therapy• Understand how resistance testing can help develop novel drug treatments for targeted therapy for those with HIV drug resistance• Identify patients who may benefit from drug resistance testing• Understand the advantages and limitations of drug resistance testing• Describe tropism, its testing and identify which patients are recommended to undergo tropism testing• Identify the pros and cons of TDM and when it should be adopted
<i>6C – Drug-Drug interactions</i>	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none">• Describe the differences and effects of pharmacodynamic and pharmacokinetic drug interactions• Identify potential drug-drug interactions• Describe the part NTRIs, NNRTIs and PIs play in drug-drug interactions• Understand your role in preventing the onset of potential drug-drug interactions
<i>6D. Adherence and drug resistance</i>	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none">• Understand the key steps required to maximise adherence in patients receiving ART• Understand the key principles of motivational interviewing and how it can be successfully implemented in HIV patients to help improve adherence• With further training, adopt motivational interviewing as part of your ongoing interventions with your patients

<p><i>6E - Discontinuation</i></p>	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Understand the reasons for discontinuation of treatment • Chose the most appropriate strategy for managing the discontinuation of treatment based on an individual patient basis and the latest available evidence • Identify and explain to patients the risks associated with discontinuation of treatment and the dangers of viral rebound • Describe the effect of drug discontinuation on CD4 cell counts and its related consequences
<p><i>6F. Supporting and informing patients</i></p>	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Provide the best advice for your patients surrounding their treatment • Address any concerns your patients may have regarding their treatment, drug resistance and the associated potential risks • Explain what is meant by ‘forgiveness’ when talking about certain ART medicines, to your patients • Explain what ‘blips’ are and how they arise and how they can be used to indicate how well a treatment is working
<p>Module 8 – HIV and Ageing</p>	
<p><i>8A - Defining Ageing with and without HIV</i></p>	<p>When you have completed this tutorial, you will be able to:</p> <ul style="list-style-type: none"> • Identify key challenges relating to HIV and ageing, including the impact of an ageing population • Explore these challenges in relation to different HIV-positive cohorts • Examine what can be learnt from the care and management of people with other long-term conditions • Identify your own skills and support requirements in addressing issues relating to HIV and Ageing and how to discuss these issues with your client group
<p><i>8B - Implications of HIV and Ageing</i></p>	<p>Growing older with HIV will bring many challenges: There are many complexities to treating and caring for those patients ageing with HIV. Not just the uncertainty of the effects of long-term ART and HIV infection, but also issues around polypharmacy and many of the issues listed below:</p> <ol style="list-style-type: none"> 1. Immune system 2. Co-morbidities 3. Mental health 4. Social care 5. Work and finance
<p><i>8C - Working with HIV and Ageing</i></p>	<p>With an ageing HIV population, thoughts around supported care leave many anxious. As HIV moves into mainstream care many staff may have outdated views about HIV and AIDS, and for those living with HIV, stigma and discrimination remain a real problem, not only around HIV but regarding their sexuality. The ageing HIV population will put new challenges and demands upon primary and secondary care services and care management will need to integrate with other disciplines such as geriatric medicine, oncology and cardiology.</p>

E-learning for Healthcare (e-LfH)

e-HIV STI to be completed for STIF NHIVNA Advanced Competency

Sexual Health & HIV (HIV-STI)	
Viral Hepatitis	
07_07	Hepatitis B & C and HIV co-infection
HIV (Special Circumstances)	
09b_09	HIV in women
09b_10	HIV and reproductive health and fertility
09b_11	HIV in Pregnancy
09b_12	ARVs in pregnancy
09b_13	Adolescent HIV
HIV Testing and Prophylaxis	
11_02	Antenatal HIV testing
11_04	Occupational exposure to HIV
11_06	PEPSE
Specific assessment and management of HIV	
12_01	Natural History of HIV infection
12_02	Baseline assessment of HIV-positive individuals and routine monitoring
12_05	First line ARV
12_07	ARV side-effects and toxicities
12_09	ARV treatment failure
12_10	ARV resistance testing
12_11	ARV drug interactions and therapeutic drug monitoring (TDM)
Assessment and management of opportunistic HIV infections	
13_01	Pneumococcal infections in HIV
13_04	Tuberculosis
13_08	Herpes infections
13_11	CMV
13_12	Cryptosporidiosis and Microsporidiosis
System-specific HIV-associated conditions	
14_01	Haematology and HIV
14_02	Neurology and HIV
14_03	Endocrine/metabolic disorders and HIV
14_04	Respiratory Disease and HIV
14_05	Cardiac Disease and HIV
14_06	Gastrointestinal disease and HIV
14_07	Renal disease and HIV
14_08	Skin disease and HIV
HIV associated malignancies	
15_01	HIV related malignancy
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