

Suggested timetable only, lunch breaks may be shortened to allow for extra time in sessions or additional breaks.

STIF Theory Part 1

Session Title	Learning Outcomes		Suggested Time
Why Are we here?	20 MINS	Define sexual health	09:00-09:20
		Understand trends in STI diagnoses	
		Understand basic sexual health screening	
Taking a sexual history	50 MINS	Identify key components of a sexual history	09:20-10:10
		Understand the principles of taking a sexual history	
		Identify key concerns that may require further intervention	
Coffee Break	10 MIN		10:10-10:20
Small group workshop: Partner notification:	45 MIN	Describe the principles of partner notification	10:20-11:05 / 11:05-11:50 / 11:50-12:35
		Understand challenges in practice	
		Be aware of ethical considerations with PN	
Small group workshop: Asymptomatic Screening and assessment	45 MIN	Describe testing options and window periods.	10:20-11:05 / 11:05-11:50 / 11:50-12:35
		Undertake a risk assessment and identify preventative interventions	
		Discuss some of the barriers to testing and how these might be overcome	
Small group workshop: Groups who may require targeted interventions	45 MIN	Identify groups who may benefit from targeted interventions.	10:20-11:05 / 11:05-11:50 / 11:50-12:35
		Identify barriers to good sexual health.	
		Discuss how services can be made more accessible to underserved groups.	
Summary	5 MIN	Summarise learning. Signpost to gateway/fundamental competencies	12:35-12:40

STIF Theory Part 2

Session Title	Learning Outcomes		Suggested Time
Delivering Targeted interventions	60 MIN	Understand and explain options for STI prevention	13:30-14:30
		Identify groups who may benefit from targeted interventions	
		Identify and discuss vulnerabilities which may need intervention	
Small group workshop: Working with young people	45 MIN	Identify additional considerations when working with young people.	14:35-15:20 / 15:30-16:15 / 16:15-17:00
		Describe how to sensitively discuss sexual health issues with young people	
		Describe how to identify safeguarding needs and where/when to refer	
Small group workshop: Genital discharge	45 MIN	Identify the possible causes of genital discharge.	14:35-15:20 / 15:30-16:15 / 16:15-17:00
		Discuss suitable tests.	
		Explain Management of different conditions	
Small group workshop: Genital sores	45 MIN	Identify the possible causes of genital sores.	14:35-15:20 / 15:30-16:15 / 16:15-17:00
		Discuss suitable tests.	
		Explain Management of different conditions	
Summary: 5 minutes		Summarise learning. Signpost to intermediate competencies	17:00-17:05

STIF Theory Part 3

Session Title	Time	
Clinical HIV	60 MIN	09:10 – 10:10
Viral Hepatitis	60 MIN	10:10 – 11:10
Syphilis	60 MIN	11:20 – 12:20
Conditions affecting the genital skin	60 MIN	12:20 – 13:20
Small Group Workshop: Testicular lumps and pain	45 MIN	14:00 – 14:45 / 14:45 – 15:30
Small Group Workshop: Pelvic Pain	45 MIN	14:00 – 14:45 / 14:45 – 15:30
STIs in Pregnancy	60 MIN	15:45 – 16:45
Summary: 10 minutes		

Timetable can be flexible as long as all sessions are included